

# *Step by Step*

## *Fall Gathering 2022 Workshops*

### 1) Step by Step with Jesus

Tracy Moffatt

From his birth in Bethlehem to the first miracle at Cana to the final mile carrying the cross, Jesus took many steps in the three years of His Ministry. It is estimated Jesus walked over 21,000 miles during his lifetime - enough to have almost circled the world! This workshop will explore the places Jesus visited and what happened in each.

### 2) Alternatives in Senior Living

Elaine Heine

Why should you consider alternatives to living in your house as you age? Much depends on your current health, health risks, and that of your spouse if you are married. If you have living, healthy children and where they live is another consideration. We'll explore the costs, risks, and issues of continuing in your house. We'll explore alternatives and when to consider them and how to finance them. We'll look at the positive and negative aspects of different types of alternative senior living.

### 3) President/Vice President

Anne Storan/Denise Beumer

Who to call? Where to find the resources you need! Ways to organize! The help you need to lead. One session only.

### 4) Secretary/Treasurer

Donna Person/Tracy Moffatt

Are you a secretary /treasurer of your Unit or Conference? Do you have questions or concerns? There have been several changes in the forms. Secretaries/Treasurers are strongly encouraged to attend. Join us for an open discussion and find the answers you need to lead! One session only.

5) Choir

Charlene Cranmer

Make a joyful noise unto the Lord! Music is an important part of worship. Lets' join voices to praise our Lord! **Session 1 only.**

6) Laughter yoga

Pastor Trixie Richter

Come and laugh and play and breathe. Find out why laughter is good for you.

7) Walking our Faith, Monday-Friday

Betty Parsons

Faith is not for Sundays only! Explore and discuss how our everyday interactions with others can demonstrate our Christian faith.

8) "No Crochet Sashay Scarf"

Laurie Nelson

An amazingly simple way to make a spiral scarf using Sashay yarn and a crochet hook. But you are not crocheting! **Please bring skein of Sashay yarn and J-10 crochet hook. Some yarn will be available for \$5.**

9) Angel Ornament

Karen Weinrich

Come make an angel ornament using a thread spool.

**Cost \$2.00**

10) Care for God's Creation and Your Congregation".

Steve Beumer

How do we follow God's request to take care of his creation? Our congregations and their worship space can have a significant impact on caring for that creation. Learn what steps to take to live into caring for creation and SAVE some money while living faithfully. Learn about energy saving and becoming a certified worship space while saving money.

11) Water bottle wind spiral

Lisa Klima

In this workshop we will create a yard ornament using recycled water bottles. These colorful water bottle wind spirals are a fun and easy to make addition to your yard. Limited class size.

12) ~~Identity Theft: What You Need to Know~~

Deb Beck, CKA®, FIC, RICP® Financial Consultant, Thivent

~~Every two seconds, someone becomes a victim of identity fraud. It can put finances and credit ratings at risk—and that's just the beginning. This discussion will help participants learn how identity theft can occur, how to take steps to prevent it, and what to do if their identity is stolen.~~

13) Prepare Wisely: Estate Strategy Essentials

Deb Beck, CKA®, FIC, RICP® Financial Consultant, Thivent

This workshop explores how having a strategy in place can make things easier for your family after you are gone. Attendees will learn what documents they need so final wishes are known

14) Women, Wealth & Wisdom

Deb Beck, CKA®, FIC, RICP® Financial Consultant, Thivent

Shares stories about six women who have figured out a few things about money and enriched their lives in ways that are about more than money.

15) Painted Rocks

Nina Jageler

If you are not crafty or do not have experience painting, this is the workshop for you! Beautiful rock painting for your garden, home or anywhere you would like! Rock painting is easy and fun -- even if you do not have a lot of experience painting! Class size is limited. **Cost: \$2.00**

16) Foods of the Bible

Marilyn Kreitzinger

Did you know there are 48+ foods mentioned in the Bible? We will look closely at only a few of the foods. Food in the Bible is more than to be eaten it is often sacred and symbolic. Creation starts off with mention of birds and fish! Join me for a food experience.

17) Aging Loved Ones: How to Have the "Heart-to-Heart"

Deb Beck, CKA®, FIC, RICP® Financial Consultant, Thivent

Aging and the changes that come with the need for additional caregiving can have a significant impact on your personal finances as well as your family relationships. This workshop reviews the considerations to make in planning for changes that arise as we age and provides tips for starting healthy conversations with family members that can lead to positive outcomes

18) 2122-Where do you see the Women of the ELCA in 100 years. Raeann Purcell  
Churchwide Representative

The Women of the ELCA are the stewards of endowments that were started by our foremothers to benefit many causes that were important in our life. Do you think they realized that their planning would still be helping over 100 years later? Katie's Fund supports ministry in the areas of leadership development, global connections and living theology. Come learn what Katie's fund has accomplished since its establishment and how it will continue to support ministry.

19) Embody the Word-Churchwide Assembly Actions.

Karen Weinrich & Raeann Purcell

Did you know our Church's goal is to share the story of Jesus and the ELCA by engaging with 1 million new people as we grow the church together? Our church's primary decision-making body meet in Columbus, OH, August 8-12. Learn what new initiatives, ideas and policies were decided for the future of our Church and how you can help.

20) Bible & Breakfast; Feeding Our Bodies and Souls

Paula Edwards

Attendees will receive a 5-day journal with two breakfast devotions. The first is a short meditation if you don't have a lot of time and the second is for when you have time to go deeper. We will create a simple place setting and will learn how to fold napkins to add something special for your meal.

**Cost: \$2.00**

## 21) Knitting 101

Gayle Backiel

Have you ever wished you could join women at church knitting prayer shawls or would you love to knit booties or a hat for a child or grandchild? If so, come to an introduction to knitting in workshop knitting 101 and learn the basics; cast on, knit, purl, and bind off. **Bring \$2.00 to cover the cost of a pair of knitting needles or bring your own. Class is limited to 8 students.**

## 22) Global Missions: Jamaica & The United Theological College of the West Indies

Judy Olsen

In this workshop we will share information about what is happening in Jamaica and at the United Theological College of the West Indies.

## 23) Faith Formation for Leaders

Michele Hilton

Check out the totally re-vamped Program for Lay Leaders! Faith Formation path - 6 courses to develop and compliment your faith journey - or the 12 course Faith and Service path - (formerly diakonia) - or Continuing Ed path - or Bible Study resources! Self-Study or in-person! If you have been discerning a nudge for a little more in depth study of our faith, our church, our beliefs - This Is It!



FALL GATHERING  
WORKSHOP REGISTRATION



*Return this form with your registration form*

2022 Fall Gathering Workshop Registration Form

Name \_\_\_\_\_

I am sharing my gifts by being a Workshop Leader \_\_\_\_\_

Please select up to 6 workshops you are interested in attending, in order of preference.

All workshops are on a first come first serve basis. Many are offered only one time and all are limited in size. Every effort will be made to accommodate your choices but you may have to make alternate or additional selections upon arriving at Lake Yale.

Workshop number	Name of Workshop

Your nametag will list the workshops and session times to which you have been assigned. You may make any desired changes, as available, when you arrive at Lake Yale.